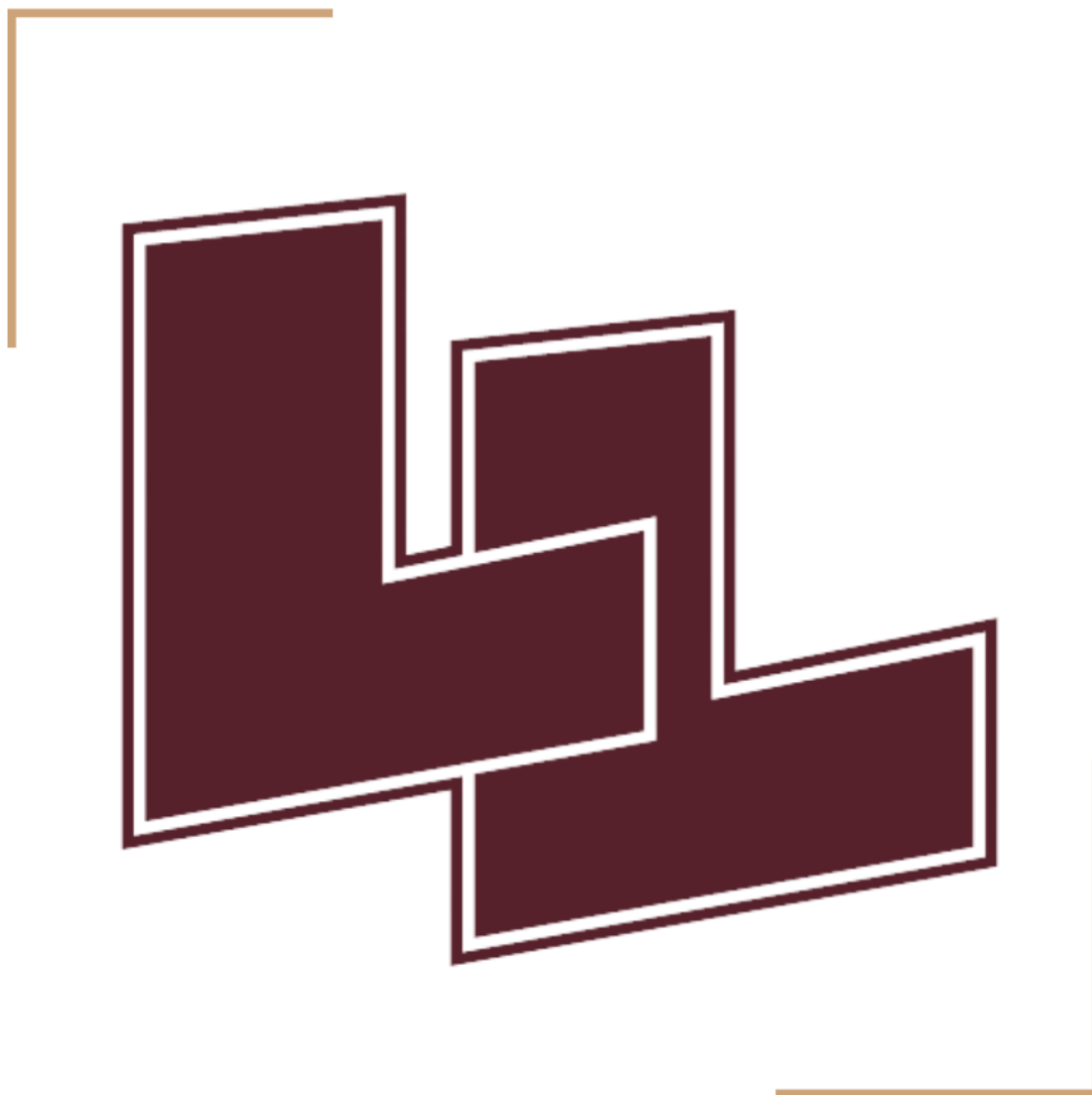


LOCKHART ATHLETIC DEPARTMENT

Athletic Code of Conduct and Handbook



Building a Legacy of Excellence

Revised June 2023

POLICY STATEMENT

Participation in Lockhart Athletics is a privilege, not a right. Therefore, the behavior expectations set forth in the Lockhart ISD Athletic Code of Conduct (“ACC”) exceed the behavior expectations set in the Lockhart ISD Student Code of Conduct (“SCC”).

Lockhart student-athletes must act with PRIDE and DIGNITY at all times. This ACC aims to establish regulations and procedures to address violations that occur ON OR OFF SCHOOL GROUNDS THROUGHOUT THE ENTIRE CALENDAR YEAR in a fair and timely manner. The ACC is designed to discourage inappropriate behaviors, encourage extracurricular students to make choices that ensure their health and safety and provide appropriate consequences for students who violate the ACC.

PARTICIPATION IN THE LISD ATHLETIC PROGRAM

All students have the right to a free public education; however, participation in an extra-curricular activity is a privilege. With that privilege comes a responsibility to follow a higher standard than expected of a student in the school who is not involved in an extra-curricular activity.

Any LISD student who wants to participate in an LISD athletic program and wishes to be part of an LISD team is expected to attend all regularly scheduled practices and be enrolled in the athletic period - if there is a period (s) designated for that sport. Absences for illness, academic needs, family emergencies, or other school-related functions are acceptable based on the coach's/campus athletic guidelines.

GUIDELINES

The Coach/Athletic Director has the right to set high standards for and to impose consequences on those students who choose to participate in athletics at Lockhart ISD.

Each program/team may have specific conduct expectations in addition to the expectations outlined in the ACC. The expectations in each program will be developed and approved by the Coach/Athletic Director.

Students who choose to participate in extracurricular activities are role models, and exemplary behavior is expected of them at all times.

The ACC will be enforced with all students in grades 7th – 12th participating in extracurricular activities:

- Regardless of whether the school is in session;
- Regardless of whether the student is directly involved with the extracurricular activity at the time the prohibited conduct occurs;
- Regardless of whether the extracurricular activity is in session; and
- Regardless of when/ where the conduct occurs. 2 Revised May 2020

The ACC does not limit or restrict the authority of the Coach, Athletic Director, or school administrator from imposing other consequences in addition to the penalties set forth below (e.g., extra practice and/or conditioning can be added to any consequence imposed). In addition, if the SCC, Constitution, or some other document governing a particular extracurricular activity contains stricter rules, sanctions, or consequences for misbehavior, the document governing the particular extracurricular activity will be followed.

Discipline imposed under the SCC, Constitution, or some other document governing a particular extracurricular activity will not limit or prevent the imposition of additional consequences under the ACC. Moreover, the modification of discipline imposed under the SCC, Constitution, or some other document governing a particular extracurricular activity or a decision to overturn the discipline imposed under the SCC, Constitution, or some other document governing a particular extracurricular activity shall not affect any consequences imposed under the ACC.

Unless specified otherwise in the ACC, Consequences imposed under the ACC may be appealed to the ACC Appeals Committee, whose decision shall be final.

ANY EVENT MAY BE SERIOUS ENOUGH TO RESULT IN REMOVAL FROM THE ATHLETIC PROGRAM WITHIN THE DISCRETION OF THE COACH/ATHLETIC DIRECTOR.

Tryouts:

There may be times when it will be necessary to have tryouts for teams, and cuts may be made. Tryout decisions are final and made by the head coach and his/her staff.

Club Participation:

An athlete in-season for any LISD sport shall notify their head coach of participation in club competition simultaneously. Football Spring Training is considered in-season by the UIL and LISD. If an LISD event and a select event conflict, the LISD event takes priority.

Removal from LISD Athletic Program:

If an athlete is removed from the LISD athletic program, they are not eligible for tryouts the following year without the coach's approval.

PARTICIPANT RESPONSIBILITIES

Extracurricular participants have the responsibility to:

- Always remember that they are representatives of their school, family, and community – they must constantly project a positive, respectful image.
- Always be considerate of those around them and actively avoid situations that may reflect poorly on themselves and/or the Lockhart ISD.
- Exhibit proper behavior. Failure to do so will result in discipline in accordance with the SCC and ACC.
- Adhere to the specified guidelines and rules of their chosen activities.
- Adhere to the specified guidelines and rules of the SCC.

Available Sports in Lockhart ISD

The sports program of the Lockhart Athletic department shall include:

HIGH SCHOOL (9th-12th)

BOYS

Football (V,JV,9th)
Basketball (V,JV, 9th)
Cross Country (V,JV,9th)
Golf (Fall & Spring)
Track (V, JV,9th)
Soccer (V,JV)
Tennis (Fall & Spring)
Powerlifting (Varsity)
Baseball (V,JV,9th)

GIRLS

Volleyball (V,JV,9th)
Basketball (V,JV,9th)
Cross Country (V,JV,9th)
Golf (Fall & Spring)
Track (V,JV,9th)
Soccer (V,JV)
Tennis (Fall & Spring)
Powerlifting (Varsity)
Softball (V,JV)

JUNIOR HIGH (7th & 8th)

BOYS

Football
Basketball
Cross Country
Golf
Track
Soccer
Tennis

GIRLS

Volleyball
Basketball
Cross Country
Golf
Track
Soccer
Tennis

Athletic Periods

Athletes at Lockhart ISD high schools will be afforded the opportunity to refine their athletic skills in the athletic class period offered during the school day. It is an expectation of the LISD athletic department that every effort be made to enroll in an athletic period if you choose to participate in athletics. The exceptions to this may result from schedule conflicts and class size problems. Athletes in a team sport should be in the athletic period. Single

sport participants will be placed in an athletic period in their respective sports. Multiple sport participants will also be placed in their first in-season athletic class or, with the consent of the athletes, their parents, and coach, be given the opportunity to choose the athletic period that will best fit their needs.

Exceptions to enrollment in the sport's athletic period must be made with approval from the coach and campus athletic coordinator.

Athletes will not be allowed to quit the sport in progress to enroll in an off-season class unless both head coaches and the campus administration authorize the schedule change. Athletes in an athletic period will receive a grade based upon the head coach's criteria for that class.

ATHLETIC PROCEDURE POLICY FOR ADMISSION

- 1) Before participating in tryouts or any athletic activity, a student requesting to become a member of the Lockhart ISD athletics must submit to the athletic trainer a completed "Preparticipation Physical Evaluation" form, which includes both medical history and physical evaluation information. The student must use either the form on LISD's Athletics webpage or a health care provider's form containing substantially similar information. The Preparticipation Physical Evaluation form (or one that is substantially similar) will serve as the "statement from a healthcare provider "as required by LISD board policy.
- 2) A student requesting to become a Lockhart ISD athletic department athlete must have a good attitude, be dependable, and be academically in good standing.
- 3) After careful checking, the Head Coach of each sport will determine those to be placed in his/her athletic class.
- 4) The head coach will write, sign, and forward acceptance or denial to the prospective athlete's counselor after the following details are checked. They include but are not limited to
 - a) Coach/sponsor of previous sport (if applicable)
 - b) Previous school background and paperwork
 - c) Academic standing
 - d) Medical history
 - e) Disciplinary records
- 5) Students should have a minimum of 2 years of eligibility.

6) Students who were enrolled in school during the previous off-season must have participated in the off-season of the sport they wish to participate in.

7) Students who quit a sport may be reinstated by participating in the current year's sport with restrictions implemented by the Head Coach.

8) Any high school senior who has been in attendance in Lockhart ISD the previous year or more should not be allowed to compete on equal ground with those who have been with the program.

9) Students new to the district shall be admitted at the discretion of the Head Coach.

Responsibilities of an Athlete

All athletes are responsible for giving their best, playing to win, following training guidelines, and exhibiting good conduct and fair play at all times to be a credit to their school. Athletes, as well as coaches, are always on display. We are judged by the company we keep. Our actions in everyday life, both private and public, directly reflect this athletic program and our school.

A. During the competition, an athlete:

1) Learns that both winning and losing are part of the game and learns to accept both. Be modest in victory; be gracious in defeat.

2) Has complete control of himself/herself at all times. Horseplay, display of temper, use of profanity, and disrespect for coaches or officials will result in a loss of respect for the athlete and in disciplinary action from the coach.

B. In the classroom, an athlete:

1.) Must realize that he/she is a student first, an athlete second. The student-athlete must give time and energy to classroom studies to ensure good and acceptable grades that meet the UIL requirements for participation.

2) Must maintain a satisfactory citizenship and behavior record by giving respectful attention to classroom activities and by treating teachers, administrators, and fellow students with respect.

3) Tardiness, horseplay, and unnecessary talking are unacceptable behavior habits that, if uncorrected by the student-athlete, may result in suspension from the athletic program.

C. On Campus, an athlete:

1) Must maintain proper dress and appearance, good grooming, and personal cleanliness. You are a leader and have only one chance to make a good impression.

a. All dress, hair, makeup, and clothing shall be neat and well-groomed. It shall not be excessive, exceptional, or designed to draw attention to the individual.

2) Will refrain from fighting, scuffling, horseplay, and juvenile behavior in and around the school building.

3) Athletes suspended from their home campus will not be permitted to work out, travel, or participate with the team. Eligibility for subsequent contests will be left to the discretion of the coach and/or administration.

D. During the athletic period and practices before and after school, an athlete will:

1) Notify the coach if he/she needs to miss a scheduled game or practice session. Absences from athletic period practices should be handled according to school guidelines and team rules. Missed practices will also be required to be made up. Any absence should be made up before an athlete participates in the first quarter of a contest.

2) Be on the field, court, weight room, or other designated area dressed and ready to practice when the tardy bell rings or when designated by the coach. Tardiness to our class period is as inexcusable as it is to any other class.

3) Maintain a neat and clean locker space. Be proud of your dressing area and keep it neat.

4) Lock all personal belongings in your locker. The school is not responsible for misplaced, lost, stolen, or damaged personal property or textbooks.

5) Take a shower for hygiene purposes and to aid the body in its temperature adjustment after a workout. Roughhousing, towel popping, or throwing objects is not allowed in the shower or dressing room.

E. During team travel, an athlete will:

1) Dress neatly and properly on all trips. Coaches will advise you regarding the proper attire. Conduct himself/herself properly on the school bus or in any school vehicle. He/she will follow the printed bus ridership rules governing all Lockhart ISD bus riders.

2) Be informed of departure and return times. You are responsible for being on time for all departures and informing your parents of the pick-up time after a contest. Every effort will be made by the coaching staff to notify proper personnel of unexpected changes in arrival time.

3) Only coaches, players, trainers, and/or school administrators are allowed to ride the team bus.

STUDENT-ATHLETE DRESS CODE

The student code of conduct is always in force. Athletics is a privilege; therefore, the following standard of dress is in addition to the student code. Additional standards may be set by the Head Coaches of any program.

- 1) Hair shall be well groomed. No extreme hairstyles shall be allowed. Hair for male athletes shall not be below the collar of his shirt, not to hang down in front of the eyes, and hair shall not cover the entire ear.
- 2) Jewelry is not permitted during athletic activities. Other restrictions may be directed by the campus staff.
- 3) Athletes shall avoid extreme clothes. Clothing should not reveal undergarments. A female athlete's midriff must be covered and shall not wear see-through clothing. These standards are to be followed during the school day, as well as during all athletic activities.
- 4) All middle school and high school athletes are expected to set a quality standard by adhering to the school dress code and policies in their mode of dress.

PARTICIPATION OF STUDENTS IN DIFFERENT SPORTS / ACTIVITIES

The goal of this athletic program is for students to be involved in as many activities/sports as they desire. Participation in multiple sports is highly encouraged.

- 1) Students must be allowed to participate in any sport or school activity. (provided they satisfy admission / try-out requirements).
- 2) Coaches shall not influence an athlete to give up one sport to participate in another sport alone. This choice must be the athlete's decision.
- 3) Athletes cannot quit one sport in season and take up another. Student-athletes who have quit one sport and wish to participate in another sport must wait until the season of the sport they quit is over before starting the next sport if allowed to participate in this sport by the Head Coach.
- 4) We will encourage athletes who have the ability to play all sports they are interested in for as long as they can and desire to.
- 5) Athletes may participate in outside sports programs according to the rules. Athletes should not miss a school UIL practice or contest to participate in outside sports. Consequences for missing practice time or a contest to participate in outside sports may include but are not limited to physical activity, bench time, and or loss of playing or performance opportunities.

TRANSPORTATION

Games/Meets/Matches/Tournaments:

- 1) Travel will be by school-provided transportation for all sports.
- 2) All athletes will travel to and from contests with their team on school-provided transportation.
- 3) In the event of extenuating circumstances, and when communication has happened 24 hours ahead of time in writing, athletes may be signed out and taken from the contest location by their parent/guardian. Any exception to this rule must be approved by the Athletic Director. This should be the **exception** and not the rule. Students shall ride home on the bus unless there is an extenuating circumstance.
- 4) No player will be allowed to return from the game with anyone other than his/her parent or guardian.

Overnight Travel:

There may be times when teams will be allowed overnight trips. In these instances, the athlete must:

- Abide by the curfew set by the head coach.
- Not be in different gender rooms at any time.
- Travel to and from the event with the team.
- Be aware that coaches may ask to check the athlete's bags before leaving for the trip.
- Athletes must adhere to student expectations in the LISD Student Code of Conduct.
- No alcohol, tobacco, or other drug use (including no electronic cigarettes, vape pens, or inhalants)

Athlete/Parent/Coach Chain of Command

Before the start of each sport, the head coach will conduct a mandatory parent meeting regarding rules, regulations, and additional team rules will be distributed at that time. If, at any time, an athlete or parent has an issue/concern with a coach or program, the below process should be followed:

- A. Athlete meets with the coach to discuss the concern.
- B. Parents and athlete meet with the coach.
- C. Parents and athletes meet with the coach and campus Athletic Coordinator.
- D. Parents and athlete schedule a meeting with the coach and district Athletic Director.

Coaches should never be approached to discuss a problem or complaint immediately following a game.

Awards and Lettering

The school letter is among the highest awards the school bestows; the highest is the diploma. In order to letter, you must be on a varsity team and satisfy the head coach's requirements. A participant may letter at the coach's discretion if the participant is considered to have been of exceptional value to the team. Exceptions may include playing on a team for four years and never lettering a letterman who is injured and is unable to complete the season, or a specialist of some type.

NOTE: Any student who has qualified for a letter but has been dismissed from the team for disciplinary reasons will not receive an award/letter.

MEDIA/PHOTO CONSENT

LISD may use your student athlete's likeness for positive publicity at the discretion of the athletic department. Examples could be but are not limited to LISD Athletic Website, LISD School Website, LISD Yearbook, etc.

INJURY/ILLNESS

Lockhart ISD employs three full-time athletic trainers; two at the high school campus and one at the junior high campus. If a student-athlete has an injury, they will need to be seen by one of the athletic trainers on campus. Our athletic trainers will provide a treatment protocol for the injury or give guidance that a medical doctor will need to evaluate the injury further. If a student-athlete must leave school because of illness, we ask that there is communication with the athletic trainer before leaving campus. If a student-athlete is injured but able to attend school, they will be expected to attend practices and games. Injured student-athletes will be expected to dress in uniform daily unless the athletic trainer or head coach gives special permission.

INSURANCE INFORMATION

All student-athletes in grades 7-12 are covered by an insurance policy for all supervised UIL activities. There is no cost for this coverage. This secondary coverage pays after primary insurance has been paid. In the event that a student-athlete is not covered by primary insurance, the district's coverage becomes primary. The insurance policy has a pre-determined schedule of benefits for injuries, meaning the remainder of the bill is not always a zero balance. In such cases, the student athlete's parents/guardian are responsible for the remainder of the bill. Injuries need to be brought to the athletic trainer's attention immediately. Student-athletes must be referred by the

athletic trainer; failure to do so may result in the assumption of full responsibility for all bills incurred. The students' parent/guardian must request insurance paperwork from the athletic trainers within 72 hours of the injury.

INVESTIGATION PROCESS

The appropriate Director, Sponsor, Coach, and/or Administrator will investigate all reported violations of the ACC. A verified violation will result in the appropriate consequence if there is a preponderance of the evidence that the violation occurred. The process of investigation will follow the procedures listed below:

- Report of Violation: The alleged violation is reported to the appropriate director, sponsor, coach, or administrator.
- Notice: The appropriate director, sponsor, coach, or administrator will inform the student and the student's parent of the allegation.
- Investigation: An investigation is conducted, and a determination is made whether or not the violation occurred. The student who allegedly committed the violation shall have the opportunity to respond to the violation prior to a determination being made. •

Decision: If a violation occurs, the appropriate director, sponsor, coach, or administrator will make a decision regarding the appropriate consequence based on information gathered through the investigation and will notify the student and the student's parents.

DISCIPLINARY PROCEDURES

Administrators, coaches, and directors will review all facts and circumstances surrounding a particular disciplinary event in accordance with the investigation process outlined above and will determine appropriate disciplinary action or sanctions.

FIRST OFFENSE: Parent, student, Coach/Athletic Director conference, possible *sanctions, or possible dismissal.

SECOND OFFENSE: Parent, student, Coach/Athletic Director conference, possible *sanctions, or possible dismissal.

THIRD OFFENSE: Parent, student, Coach/Athletic Director conference, possible *sanctions, or possible dismissal.

*Sanctions may include but are not limited to verbal reprimand, physical activity, bench time, loss of playing or performance opportunities, suspension from the program, or removal from the program. Nothing in the Athletic Code of Conduct limits the authority of a Coach/Athletic Director to impose other appropriate sanctions for students who breach program conduct expectations.

IN-SCHOOL SUSPENSION (ISS)

Any student-athlete who receives an assignment of In-School Suspension (ISS) will be required to have extra conditioning for all the days of the ISS assignment. The number of conditioning days will be at the discretion of the Coach/Athletic Director. The conditioning days can extend to a longer term for repeat ISS assignments throughout the school year.

LDMC PLACEMENT

Any student-athlete who is assigned LDMC will not be allowed to be on any campus of Lockhart ISD other than the LDMC campus. The disciplinary action for an LDMC placement will follow the Alcohol and Illegal Drugs guidelines.

TOBACCO, ALCOHOL, VAPING, AND ILLEGAL DRUGS

Tobacco

The following rule applies to all LISD student-athletes at all times during the calendar year.

NO SMOKING (CIGARETTES/CIGARS) OR USE OF ANY TOBACCO PRODUCTS OR ELECTRONIC CIGARETTES (VAPE).

The student-athlete who violates the above-stated rule shall be subject to the following discipline:

FIRST OFFENSE:

1. Parent notification by the Coach/Athletic Director
2. Extra conditioning or practice as determined by Coach/Athletic Director

SECOND OFFENSE:

1. Parent notification by the Coach/Athletic Director
2. The student will complete 15 hours of community service for a 501(c)(3) non-profit organization approved by Coach/Athletic Director. The hours will be verified by Coach/Athletic Director prior to acceptance.
3. Extra conditioning or practice as determined by Coach/Athletic Director

THIRD OFFENSE:

1. Parent notification by the Coach/Athletic Director
2. The student will be suspended for 15 days from the program and cannot participate in a competition or performance until all 30 community service hours are complete.
3. Extra conditioning or practice as determined by Coach/Athletic

Director Alcohol and Illegal Drugs

The following rules apply to all LISD student-athletes at all times during the calendar year.

NO CONSUMPTION OR POSSESSION OF ALCOHOLIC BEVERAGES.**NO USE OR POSSESSION OF ILLEGAL DRUGS OR DRUG PARAPHERNALIA.****A STUDENT-ATHLETE SHALL NOT ATTEND A PARTY OR SOCIAL GATHERING WITH THE KNOWLEDGE THAT ALCOHOL OR DRUGS ARE PRESENT.****A STUDENT-ATHLETE WHO DETERMINES THAT ALCOHOL OR DRUGS ARE PRESENT MUST LEAVE THE PARTY OR SOCIAL GATHERING IMMEDIATELY.**

The student-athlete who violates the above-stated rules shall be subject to the following:

FIRST OFFENSE:

1. Parent notification by the Coach/Athletic Director.
2. The student will have 5 days of extra conditioning and cannot return to any competition until all 5 days are complete.
3. The student will complete fifteen (15) hours of community service for a 501 (c) (3) nonprofit organization approved by Coach/Athletic Director. The hours will be verified by Coach/Athletic Director prior to acceptance.

SECOND OFFENSE:

1. Parent notification by the Coach/Athletic Director.
2. The student will have 10 days of extra conditioning and cannot return to any competition until all 10 days are complete.
3. The student will complete thirty (30) hours of community service for a 501 (c) (3) nonprofit organization approved by Coach/Athletic Director. The hours will be verified by Coach/Athletic Director prior to acceptance
4. A negative drug test must be submitted to Coach/Athletic Director two weeks after the initial offense before return to competition.
 - a. Three more negative drug tests will be required following the initial negative test. These tests will take place each of the next three

months. The drug test must be administered by a third-party lab or doctor's office at the expense of the student-athlete and approved by the Coach/Athletic Director.

5. Student-Athlete must provide proof of and completion of a district-approved Alcohol and Drug Awareness Course prior to being eligible for return to competition status.

**In order to return to active competition/participation, the student must be in good standing with the Athletic Program and have completed the criteria outlined in #2, #3, #4, and #5 above.

THIRD OFFENSE:

1. Parent notification by the Coach/Athletic Director.
2. The student will be suspended from participating in all competitions or performances for at least one calendar year. Removal from the attendance roster will be at the Head Coach/Athletic Director's discretion.
3. The student will complete ninety (90) hours of community service for a 501 (c) (3) nonprofit organization approved by Coach/Athletic Director. The hours will be verified by Coach/Athletic Director prior to acceptance
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4. A negative drug test must be submitted to Coach/Athletic Director within 7 calendar days prior to return to competition status. The drug test must be administered by a third-party lab or doctor's office at the expense of the student-athlete and approved by the Coach/Athletic Director prior to returning to competition status.
5. Student-Athlete must provide proof of and completion of a district-approved Alcohol and Drug Awareness Course prior to being eligible for return to competition status.

**In order to return to active competition/participation, the student must be in good standing with the Athletic Program and have completed the criteria outlined in #2, #3, #4, and #5 above.

SUSPENSION OR EXPULSION FROM A PROGRAM

Any student suspended or expelled from an Athletic Program must be given:

- The reason(s) for the suspension/expulsion.
- The time and provisions of the suspension/expulsion.
- The procedures for reentering the program.
- Information on class schedule changes or options, and
- The opportunity to appeal.

APPEAL PROCESS

The student has the right to appeal the decision of the Coach/Athletic Director to the ACC appeal committee. An appeal must be submitted in writing to the Athletic Director and received within five (5) business days

following the decision to administer consequences under the ACC. Otherwise, the appeal is untimely.

The ACC appeal committee will be made up of the Athletic Director, Athletic Coordinators, and the administrator of the student-athlete's home campus. The ACC appeal committee will hear the student's appeal within 7 business days after notice of the decision by the Coach/Athletic Director. The decision of the ACC committee is final, and there is no further appeal.

Note: Discipline/Sanctions placed on student-athletes will be passed from program to program in which the student participates and from one year to the next. Note: A student's ACC offense count will start over after one calendar year has passed without another ACC violation.

Player Monitoring, Discipline, and Removal from Program

Please note that the player policy of the Lockhart Athletics program does not preclude or replace the policies set forth by Lockhart ISD and the Lockhart High School Code of Conduct. Since it is impossible to cover every point in a statement of program policy, each student-athlete in the Lockhart athletics program is expected to conduct themselves at all times to reflect positively upon themselves, their family, their teammates, the program, and the school.

This player athletic code of conduct and handbook pertains to every student-athlete involved in any LISD athletic activity. It is a privilege, not a right, for students to participate in LISD athletics. The student-athlete must uphold the dignity and honor of the Lockhart athletics program when representing their school at all times. Every member of the program should conduct themselves in a manner that would represent their teammates, school, and coaches in a positive manner.

The program policy is set in place to provide structure and accountability to every student-athlete in the program. If the policies are violated, each athlete will have consequences. If there is persistent disregard for team policies, it can result in removal from the program.

The Lockhart Athletics program and coaches will investigate each incident to determine the appropriate consequence(s). This simply means that any violation of a Team, District, or UIL rule can result in dismissal from the Lockhart Athletics Program. Dismissal from the program is ultimately a decision that will be made by the head coach and Athletic Director.

I acknowledge receiving and reading the LISD athletic players handbook, Lockhart Athletic Code of Conduct, and LISD Student Handbook and agree to all expectations. I understand that any violation(s) will come with consequences or could lead to dismissal.

Player Name: _____

Player Signature: _____

Parent/ Guardian Name: _____

Parent/ Guardian signature: _____

Date: _____